

common mountain mint

Pycnanthemum virginianum

FEATURES

The flowers of common mountain mint are white, small and produced in clusters at the stem tip. Only a few flowers bloom in each cluster at one time. Leaves are narrow, smooth and without teeth along the edge. Like all mints, it has a square stem. This plant grows one and one-half to two feet in height.

BEHAVIORS

Common mountain mint grows in fens, marshes and prairies throughout Illinois, although it is more frequently found in the northern one-half of the state. It blooms from July through September. It attracts a variety of pollinators.

TAXONOMY

Kingdom: Plantae
Division: Magnoliophyta
Class: Magnoliopsida
Order: Lamiales
Family: Lamiaceae

ILLINOIS STATUS

common, native

ILLINOIS RANGE





Aquatic Habitats

wet prairies and fens

Woodland Habitats

none

Prairie and Edge Habitats

black soil prairie; dolomite prairie; gravel prairie; shrub prairie